

Key Facts

NEPALI MIGRANT WORKERS

2.7
million

NUMBER OF MIGRANT WORKERS

An estimated 1,500 to 2,000 migrate abroad on a daily basis for foreign employment. In 7 years from 2008-2015, 2.7 million Nepali citizens got labour permits from the Department of Foreign Employment.

95
percent

GENDER

Nepali men made up 96 percent of migrant workers and remaining were women. Most men were from the Tarai and most women were from the hills.

10
Districts

HOME DISTRICTS

The top 10 districts where migrants came from include Dhanusa, Jhapa, Mahottari, Morang, Siraha, Nawalparasi, Sunsari, Saptari, Rupandehi and Sarahi.

142
Countries

FOREIGN DESTINATIONS

Nepalis work in nearly 142 countries. The top destinations for Nepali migrant workers include Malaysia, Saudi Arabia, Qatar, United Arab Emirates, Kuwait, Republic of Korea, Bahrain, Oman, Japan, Afghanistan Lebanon, Cyprus.

500
Billion

REMITTANCES

The migrant workers contribute significantly to the nation's economy. In 2014/15, there was a remittance inflow of NPR 589.5 billion. This is equivalent to nearly 27.7 percent of the national GDP.

4,000+
Deaths

RISKS AND DANGERS

A total of 4,322 deaths of Nepali migrant workers were reported in 7 years 2007-2015. Major causes of death were cardiac arrest, natural death, road accidents and unidentified cases.

Most women died as a result of suicides. Evidently, women experience workplace violence, extreme stress and despair in destination countries

SOURCE:

Labour Migration for Employment: A Status Report for Nepal: 2014/2015." Government of Nepal, Ministry of Labour and Employment.